

# November 2024

## SERVED DAILY:

- CEREAL AT BREAKFAST
- MILK WITH BREAKFAST AND LUNCH
- FRUIT OR VEGGIE WITH EVERY MEAL

	Monday	Tuesday	Wednesday	Thursday	Friday
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					B: French Toast Sticks, Fruit L: Breakfast for Lunch, Fruit S: Snack Mix, Fruit
	4	5	6	7	8
	B: Chocolate Chip Oatmeal Bars, Fruit L: Homemade Lunchable, Cucumber, Fruit S: Goldfish, Fruit	No School JKC CLOSED	B: Waffles, Fruit L: Cheese Ravioli, Garlic Bread, Carrots, Fruit S: Graham Crackers, Fruit	B: Toaster Scrambles, Fruit L: Tacos, Corn, Fruit S: Nilla Wafers and Pudding, Fruit	B: French Toast, Fruit L: Meatball Subs, Snap Peas, Fruit S: Frozen Yogurt Pops, Fruit
	11	12	13	14	15
<b>BREAKFAST FOR LUNCH</b> Pancakes, Sausage, Yogurt	B: Pancakes, Fruit L: Breakfast for Lunch (Pancakes, Sausage, Fruit, Yogurt) S: Popcorn, Fruit	B: Chicken Biscuits, Fruit L: Pizza, Carrots, Fruit S: Goldfish, Fruit	B: Bagels, Fruit L: Grilled Cheese, Cucumbers, Fruit S: Chips and Salsa, Fruit	B: Chocolate Chip Oatmeal Bars, Fruit L: Chicken Noodle Soup, Crackers, Fruit S: NutriGrain Bars, Fruit	B: French Toast, Fruit L: Chicken Nuggets, French Fries, Fruit S: Pretzels, Fruit
<b>HOMEMADE LUNCHABLE</b> Deli Meat, Crackers, Cheese Cubes	18	19	20	21	22
	B: Cinnamon Rolls, Fruit L: Pasta, Meatballs, Peas, Fruit S: Cereal, Fruit	B: Toaster Scrambles, Fruit L: Grilled Cheese, Snap Peas, Fruit S: Crackers and Cheese, Fruit	B: Pancakes, Fruit L: Homemade Lunchable, Cucumbers, Fruit S: Popcorn, Fruit	B: Bagels, Fruit L: Chicken Nuggets, Carrots, Fruit S: Smores Mix, Fruit	B: French Toast Sticks, Fruit L: Pizza, Carrots, Fruit S: Goldfish, Fruit
	25	26	27	28	29
	B: Waffles, Fruit L: Breakfast for Lunch (Pancakes, Sausage, Fruit, Yogurt) S: NutriGrain Bars, Fruit	B: Cinnamon Rolls, Fruit L: Pasta, Meatballs, Peas, Fruit S: Cereal, Fruit	JKC CLOSED: Happy Thanksgiving		